

CONTACT US

Community of Refugees from Vietnam – East London

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HOW TO FIND US



Buses: 108, 309

Nearest DLR Station: Bromley by Bow,
Devons Rd, Langdon Park

COMMUNITY OF REFUGEES FROM VIETNAM - East London



OLDER PEOPLE SUPPORT PROJECT

INTRODUCTION

Community of Refugees from Vietnam – East London (CRV) has been established since 1983 to support Vietnamese and Chinese people living in Tower Hamlets.

CRV aims to promote the relief of need, hardship and distress experienced by people from the Vietnamese and Chinese community and to provide a range of services to improve their quality of life. We aim to advance learning in the community and to preserve Vietnamese/Chinese tradition.

Our services:

- 1) Health & Wellbeing Information Events
- 2) Information, Advice & Signposting
- 3) Access to Health Services
- 4) Physical & Social Activities
- 5) Older Adults Support

HEALTH & WELLBEING INFORMATION EVENTS

- Health talks on a range of common health issues (e.g. diabetes, depression, healthy eating and obesity, cancer awareness, arthritis, heart disease).

INFORMATION, ADVICE & SIGNPOSTING

- 5 day advice drop-in centre opens from Monday to Friday 9.30 – 5pm.
- Face-to-face advice and telephone advice.
- Provides advice and information on issues including welfare benefits, welfare rights, housing, employment and training, community care, utilities, money and debt.
- Signpost and support service users to access relevant services.
- Advice provided in Vietnamese and Cantonese language.

ACCESS TO HEALTH SERVICES

- Escort service users to hospital and GP appointments, and any other health services.
- Interpret at hospital and GP appointments in Vietnamese and Cantonese language.
- Book follow-up appointments.
- Pick-up prescriptions and medications.
- Provide information and support to access preventative health services (e.g. Pharmacy First, Diabetes Screening, NHS Health Checks, Smoking Cessation, Falls Prevention and Flu Jabs etc.)

PHYSICAL & SOCIAL ACTIVITIES

- Table Tennis
- Tai Chi
- Line Dancing
- Cultural and Festive Activities (e.g. Vietnamese/Chinese New Year, Mid-Autumn festival).

OLDER ADULTS SUPPORT

- Befriending service to provide emotional and social support.
- Telephone befriending.
- Home visits to housebound older adults and isolated older adults. Home visit activities may include advice, informal chat, bereavement support, arts and crafts etc.
- Escort service to access mainstream services (e.g. social clubs and shopping).

For more information about our services, please contact:

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